

## Zonta Club of Cheektowaga-Lancaster

### Fifty and fabulous CELEBRATING 50 YEARS: 1969-2019

This month marks our 50th anniversary as a Zonta International Club. Our sponsor was the Zonta Club of Buffalo. Our club's first president was Miss Teresa M. Dempsey. Mildred Whittaker, a current club member, was part of the initial membership roster. This month, Millie is also celebrating 50 **fabulous** years as a Zontian!

Invitations to our anniversary party on Friday, March 8, will be mailed out soon, which

also happens to be *International Women's Day*.

Beside our Club, there are 10 other clubs around the world who will also celebrate their 50th anniversary in 2019—Meadville, Pennsylvania; Quezon City, Philippines; Davao City, Philippines; Bacolod City Philippines; Baguio, Philippines; Bangkok I, Thailand; Canberra Inc., Australia; Adelaide, Inc. Australia; Wellington, New Zea-

land; and Gothenburg II Sweden & Latvia. So you see, we were not alone in 1969 to envision women's rights be recognized as human rights and every woman should be able to achieve her full potential.

Every day around the world, Zontians like us are working to empower and improve the lives of women and girls through service and advocacy.

Linda DeGain  
President

Courtesy Mary Yunker—  
D4 Historian/Centennial

From the Chartering announcement from the Zonta International Magazine

#### Cheektowaga-Lancaster, New York

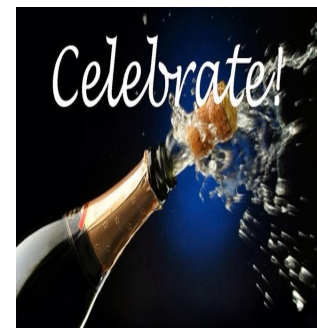
Charter date: January 20, 1969

Charter to be presented: Summer 1969  
by Dora E. Neun  
Past International President

Organized and Sponsored by: Buffalo, New York

Organization Chairman:  
Ella Knight

Lt. Governor, District IV  
President: Miss Teresa M. Dempsey  
Forest Materials, Inc.  
1665 Harlem Road  
Cheektowaga, N. Y. 14225



### 16 Days of Activism at ECC's One-Stop Center (North Campus)



Club members dropping off donated professional clothing at ECC's North Campus were welcomed by Denise Raymond,



Dean of Employment & Training Services II to the no-cost Career Service Center clothing boutique. Donated men's and women's business clothes



are available for students for work or job interviews through partnerships with the community.

#### Inside this issue:

USA Advocacy Center	2
Centennial Grants	2
Child Marriage Quiz	3
This and That	4
Rupa Shanmugam	4
Save the Date	4
Doula Program	5
Fearless Girl	5
Answers to Quiz	6

## USA Advocacy Center

The Zonta International Advocacy Action Center is a tool for our members in the United States and other individuals who share our commitment to gender equality to take action to improve the lives of women and girls. With your help, we can make a difference. Here are some things you can do.



### Ensure Equal Rights for Women

Without the ERA, women do not have equal rights under the law. Now is the time to contact your senators and representative to urge them to support the Senate bill (S.J. Res 5) and the House bill (H.J. Res 53) which remove the deadline for ratification of the Equal Rights Amendment.

#### Take Action!

<https://www.zonta.org/USA-Advocacy>

### Take Action for Title IX

The Zonta USA Caucus is adamantly opposed to these new regulations and encourages all Zonta members and supporters in the United States to voice their opposition to these regulations and prevent their implementation.

#### Take Action!

<https://www.zonta.org/USA-Advocacy>

### Reauthorize the Violence Against Women Act

Contact your representative today to urge them to support reauthorization of the Violence Against Women Act.

#### Take Action!

<https://www.zonta.org/USA-Advocacy>

### Protect Sexual Assault Survivors on College Campuses

Please contact your senators and representative and ask them to support the bipartisan Campus Accountability and Safety Act to ensure that all students feel comfortable coming forward to report sexual assault and so that more perpetrators can be brought to justice.

#### Take Action!

<https://www.zonta.org/USA-Advocacy>

Join the Advocacy Action Center: Get updates and information about legislation and policies relevant to Zonta International's mission to empower women and girls.

<https://www.zonta.org/USA-Advocacy>

## Update on Centennial Anniversary Grants

Zonta International is very pleased with the response to the Centennial Anniversary Grants. As of 10 December, they have received 30 completed grant applications with an additional 119 applications started, but not yet completed. Clubs have until 31 March 2019 to submit an application; however, organizations are encouraged to

apply earlier, if possible, to give the International Service Committee time to review applications before April, which would enable ZI to disburse the grants in the first half of 2019.

Questions? Please email [programs@zonta.org](mailto:programs@zonta.org).

Honor and Empower



[www.zonta100.org](http://www.zonta100.org)  
NOW LIVE

## How Much Do You Know about Child Marriage? Take the Quiz

Child marriage is a global violation of human rights that can be found in cultures, religions, ethnicities and countries around the world.

**1. True/False: Child marriage only occurs in the developing world.**

True                      False

**2. The global number of child brides, including girls under age 18 who have already married and adult women who married in childhood, is now estimated at:**

650 million              250 thousand  
10 billion                50 thousand

**3. In South Asia, a girl's risk of marrying in childhood has declined from 50 percent a decade ago to what percentage today?**

10 %    30 %    5 %    25 %

**4. The greatest number of child marriages has shifted from South Asia to what region:**

Latin America and the Caribbean  
East Asia and Pacific  
Sub-Saharan Africa  
Eastern Europe and Central Asia

**5. The Sustainable Development Goals (Target 5.3) calls for the elimination of child marriage by 2030. To achieve this goal, child marriage will need to reduce by an average annual rate of:**

.7 %    10 %    15 %    23 %

**6. The most common factor found globally in child marriages is:**

Conflict                      Poverty  
Social Norms              Religion

(Answers on page 5)



Zonta International has committed US\$2,000,000 to UNICEF USA to support the UNICEF/UNFPA Global Programme to Accelerate Action to End Child Marriage in 12 countries: Bangladesh, Burkina Faso, Ethiopia, Ghana, India, Mozambique, Nepal, Niger, Sierra Leone, Uganda, Yemen and Zambia.

The Global Programme to Accelerate Action to End Child Marriage brings together governments, civil society, families and young people in a collective effort to prevent girls from marrying too young and to support those already married as girls.



**Learn more about this initiative at <https://foundation.zonta.org/EndingChildMarriage> or make a donation to support Zonta's efforts to end child marriage**

## A Little This and That

### Dates & Deadlines

- January: Applications and materials released for Jane M. Klausman Women in Business Scholarship and the Emma L. Conlon Service Awards
- February 6: International Day of Zero Tolerance to Female Genital Mutilation
- February 11: International Day of Women and Girls in Science
- March 8: International Women's Day and Zonta Rose Day
- March 11-22: 63rd Session of the Commission on the Status of Women (CSW63)

### What is the Best Way to Email ZI Headquarters

General Questions: [zontaintl@zonta.org](mailto:zontaintl@zonta.org)  
 Foundation: [zifoundation@zonta.org](mailto:zifoundation@zonta.org)  
 Membership: [memberrecords@zonta.org](mailto:memberrecords@zonta.org)  
 Programs: [programs@zonta.org](mailto:programs@zonta.org)  
 Communications: [pr@zonta.org](mailto:pr@zonta.org)  
 Website/logo requests: [webmaster@zonta.org](mailto:webmaster@zonta.org)

### Rupa Becomes Majority Owner of SoPark Corp.



Two years ago, Rupa Shanmugam was a January guest speaker for our club regarding her career as a woman in the male dominated field engineering. Ms. Shanmugam spoke regarding her education in the sciences and "making" headway in the man's world of manufacturing. She skillfully tied her experiences in with those of Amelia Earhart. Starting January 1, 2019, Rupa became the majority owner of SoPark Corp. in Lackawanna, NY!

In an online article from Buffalo Business First\*, reporter, Dan Miner stated she "started at SoPark in 2007 and has long been the company's operational leader. SoPark makes circuit boards for a mostly regional set of customers. The company has about 80 employees.

Shanmugam has gained regional prominence as one of the few female leaders of a manufacturing operations. She said four of the top six employees at SoPark are women. 'I'm very excited about it personally, and also because SoPark has so many women in leadership positions.' she said."

\*By [Dan Miner](#) - Reporter, Buffalo Business First, December 4, 2018 1:21 EST  
[https://www.bizjournals.com/buffalo/news/2018/12/04/rupa-shanmugam-to-take-ownership-of-sopark-corp.html?ana=RSS&s=article\\_search](https://www.bizjournals.com/buffalo/news/2018/12/04/rupa-shanmugam-to-take-ownership-of-sopark-corp.html?ana=RSS&s=article_search)

*Save the Date*

**Areas 3 & 4 Workshops**

**Saturday, May 4, 2019**

**Hosted by ZC Kenmore**

*Save the Date*

**District 4 Conference**

**September 26-29, 2019**

**Hyatt Hotel  
Buffalo, NY**

## 13 Phrases Women Need to Remove from Their Vocabulary

By Lindsay Tigar

How you present yourself isn't only about your clothes or behavior: It's what you say that conveys the real you. Avoiding these phrases will boost your presence and confidence.

"If only I..."

"Like..."

"I'll try"

"Does this make sense?"

"I don't know how..."

"This might be a silly idea but..."

"I'm sorry"

"So..."

"I have to be honest"

"I hate my body"

"I'm no expert"

"I'm too old [or young] for that"

"Like a girl"

For the full article click on the link:  
<https://www.rd.com/culture/phrases-women-should-stop-saying/>

words  
 have  
 power

## New York State Doula Pilot Program

[https://www.health.ny.gov/health\\_care/medicaid/redesign/doulapilot/index.htm](https://www.health.ny.gov/health_care/medicaid/redesign/doulapilot/index.htm)

The Department of Health will launch a pilot expansion of the State's Medicaid program to cover doula services for Medicaid fee-for-service and Medicaid Managed Care enrollees residing in Erie County and parts of Kings County (Brooklyn) on March 1, 2019. The doula pilot is a part of the State's multi-pronged [initiative](#) to target maternal mortality and reduce racial disparities in health outcomes. A doula is a non-medical birth coach who assists a woman during the prenatal period, labor, delivery, and post childbirth.



Research suggests the use of a Doula may have a positive effect on health outcomes. The pilot will focus on Erie and Kings Counties which have among the highest maternal and infant mortality rates and largest number of Medicaid births in New York State. The New York State Medicaid Program will reimburse participating doulas for up to three prenatal visits, support during labor and delivery, and up to four postpartum visits.

## Who is "Fearless Girl"? Where is she now?

Those passing by the New York Stock Exchange may notice a wide-eyed girl staring down the building.

The "Fearless Girl," the hands-on-hips bronze statue symbolizing female empowerment, is officially in front of 11 Wall Street in Manhattan's Financial District.



Originally set up in front of the "Charging Bull" in the middle of Broadway, the 4-foot-2-inch statue has become a global symbol of moxie and female can-do spirit.



In her place, in front of the bull, are her footprints. That way, passersby can pay homage by standing on her mark — hands on hips — with their chins up in defiance. Those passing by the New York Stock Exchange may notice a wide-eyed girl staring down the building. Those passing by the New York Stock Exchange may notice a wide-eyed girl staring down the building. Those passing by the New York Stock Exchange may notice a wide-eyed girl staring down the building.



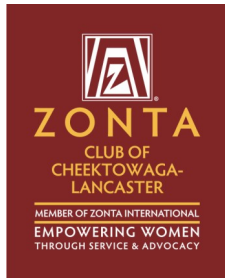
Getty Images  
 TIMOTHY A. CLARY

For entire article see:

<https://www.bizjournals.com/newyork/news/2018/12/10/fearless-girl-officially-takes-her-place-in-front.html>

Celebrating 50 years: 1969-2019

Zonta Club of Cheektowaga-Lancaster PO Box 834 Cheektowaga, NY 14225



AWESOME= All Women Everywhere Seek Opportunity and Mutual Equality

2018-2020 Club Officers and Directors

- President Linda M. DeGain Vice President Kerry Peek Secretary Heidi Salva Treasurer Barbara Krockenberger Directors Mary Lou Ardino Celeste Korzeniewski Teresa Melonson Kathie Nichter

- International President.. Suzanne von Bassewitz District 4 Governor Bonnie Clesse Area 4 Director Gina Orsini

We're on the Web



www.zontacheektowaga-lancaster.org

theZontaClubofCheektowagaLancaster

Answers to Child Marriage Quiz

- 1. True Child marriage can be found in every region of the world, including in the most developed countries. 2. Worldwide, almost 650 million women alive today were married before their 18th birthdays; and, each year, another 12 million girls are married before the age of 18. Experts estimate that if there is no reduction in child marriage, the global number of women married as children will reach 1.2 billion by 2050. 3. South Asia has witnessed the largest decline in child marriage in the last decade. A girl's risk of marrying before 18 has dropped from nearly 50% to 30% in the last ten years. 4. Of the most recently married child brides, close to one in three are now in sub-Saharan Africa, compared to one in seven a decade ago. Sub-Saharan Africa is now home to the highest prevalence of child marriage, and over the past decade has seen only modest declines. 5. More than 190 countries have adopted the Sustainable Development Goals and committed to ending child marriage by 2030. During the past decade, the proportion of young women who were married as children decreased by an average of 1.9 percent per year; however, to eliminate the practice by 2030, the incidents of child marriage must be reduced by an average annual rate of 23 percent. 6. While all these can be factors in girls being forced to marry at a young age, the most common factor that can be found in countries, cultures and religions across the globe is poverty.